

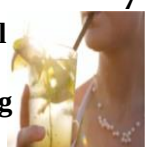
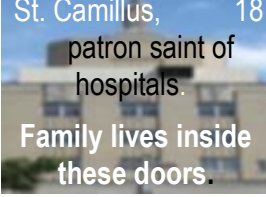


GOD~SPOTTING

Finding the holy day by day...

July 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Pastoral Care and the Spirit at Work!			CANADA DAY! 1 Be laid-back, and think of our friends up north.	Always good to remember: 2 TREAT OTHERS HOW YOU WOULD LIKE TO BE TREATED	Hot dogs and hamburgers, and don't forget the 3  Salad	With freedom comes responsibility. 4 ~ Eleanor Roosevelt
5 Break with routine. Fit in some R and R this month.	6 What good things do people Notice About You?	7 Keep cool with a refreshing drink. 	8 <i>Ponder the gifts you are bestowing upon the human family.</i>	9 How can I make coming to work a Joyful Experience for co-workers?	Pace Yourself 10 as the weekend approaches...	St. Benedict 11 Add a few minutes of quiet meditation to your day. 
12 Pray, rest, recreation—good combination for a  SUMMER SUNDAY	13 Befriend Yourself —good practice for befriending others.	14 Kateri Tekakwitha Lily of the Mohawks help us connect to the earth.	15 Birthday of Emmett Till. May hate have NO HOME HERE	16  Listen to others, with full, compassionate attention.	Sing to the Lord 17 a new song. Psalm 149. Make it a joyful one. 	St. Camillus, 18 patron saint of hospitals. Family lives inside these doors. 
19 <i>Caring and healing—divine attributes in abundance at Lourdes.</i> 	20 Fit in some Summertime Fun 	21 Eat your SUMMER VEGGIES —the more colorful the better! 	22 Mary Magdalene Even Jesus got by with a little help from his friends. 	23 St. Bridget Mother of eight who still opened her doors to the NEEDY 	Check how your 24 body is holding up to the heat Make adjustments accordingly. 	Get outdoors 25 on the feast of St. James. Get walking! 
26 Saints Joachim and Anne, grandparents. Celebrate the interplay of generations. 	27 Jersey peaches and nectarines. Enjoy the gifts of the Garden State. 	28 In the book of life, the answers aren't in the back. - Charlie Brown 	29 St. Martha Nothing says "welcome" like a home-cooked meal 	30  Tell someone <i>i love you</i> You'll both feel better.	31  LAUGH and GROW STRONG. St. Ignatius Loyola	God BLESS! AMERICA 