



The purpose of this resource is to provide information about local organizations and parish ministries that are available to help pregnant women in difficult circumstances and also struggling young parents. This guide supplies contact information as well as a list of services that each of these organizations offer. For convenience, this document divides the organizations into three sections, namely,

- 1) local to Camden County
- 2) affiliated with the Catholic Church and located primarily in the City of Camden
- 3) ministries within Saint Teresa of Calcutta Parish

Our hope is that Saint Teresa of Calcutta Parish will be a compassionate faith community that assists pregnant mothers and young families in need by becoming familiar with the organizations found in this document. We pray that this knowledge will help promote a culture of life and strengthen an awareness of the dignity of each person as being created in the image of God, our loving Father.

Camden County Resources

1st Way Life Center

528 Rickey Avenue West Collingswood, NJ 08107

(856) 854-8100

<https://1stwaylifecenter.com/>

Monday – Friday, 10 a.m. – noon and 3 – 4:30 p.m.

Free Services Offered:

Pregnancy Services- Confidential support provided

Adoption Services- Referral to Catholic Charities

Post- Abortion Services- Referral to Center for Post
Abortion Healing

Bethany Christian Services

Audubon, New Jersey 08106

By appointment only (800) 238-4269 or (215) 376-6200

<https://bethany.org/locations/us/new-jersey/south-jersey>

Free Services Offered:

Pregnancy Support- Financial support

Infant Adoption - Referrals provided

Options for Women Pregnancy Care Center
1500 North Kings Highway, Suite 110 Cherry Hill, NJ
08034
(856) 795-0048 Text to (856) 667-5910
<https://www.optionscherryhill.org/>

Free Services Offered:

Pregnancy Services- Pregnancy testing and
ultrasounds, medical referrals

Education- fetal development, abortion risks and
procedures, adoption

Adoption Services- Referrals provided

Post- Abortion Healing- Short term workshops available
(group and individual)

Other Referrals- social worker on staff, parenting
classes, financial help, social service help, housing

Helpers N.J.

138 North Broadway, Suite A Gloucester City, NJ
08030

(609) 870-7073

nfo@helpersnj.org <https://www.helpersnj.org/>

Free Services Offered:

Education- Earn While You Learn DVDs about pregnancy, parenting, and life skills (participation earns baby items and other necessities)

Adoption Services- Facilitates open adoption, allowing birth parents to choose the adopted family and continue to be a part of the baby's life

Other Services- Accompanies mothers to doctor appointments, social service appointments, Division of Child Protection and Pregnancy meetings, court dates, and job interviews; encouragement for fathers of babies; help with housing, food, medical, utilities, transportation, and more

Catholic Family Resources

Catholic Charities Social Services

(856) 342-4162

sylvia.loumeau@camdendiocese.org

Services Offered:

- Intake and Referral/Project Rachel (post-abortion healing)
- food and clothing
- housing assistance
- adoption service
- counseling
- domestic violence support
- and more

VITALity

A Healthcare Ministry of the Diocese of Camden

631 Market Street Camden, NJ 08102

(856) 583-6120 Nicole.keefer@camdendiocese.org

<https://vitality.camdendiocese.org>

Services:

- VITALity Parish Nurse Ministry offers health promotion and education during pregnancy.
- Parish nurses promote health advocacy helping to empower moms to lead healthier lives and choose healthy lifestyles for themselves and their babies.

Guadalupe Family Services

509 State Street Camden, NJ 08102

Open by appointment only; call (856) 365-8081

incamdenforcamden@gmail.com

<https://guadalupefamilyservices.org>

Free Services:

Bi-lingual professional social services with clinical and community resources, professional counseling, youth programs, charitable assistance, therapy, diaper program

SSJ Neighborhood Center

904 North 25th Street Camden, NJ 08105

connect@ssjnc.org

(856) 338-8220

Free Services:

Food pantry, English classes, sewing and crocheting groups, community gardening, computer access

Good Counsel Homes-Homeless Mothers

(800) 723-8331 (National Line 24/7)

<https://www.goodcounselhomes.org>

Services:

Temporary housing for pregnant moms, budgeting and vocational assistance, parenting, nutrition, spirituality and chastity, health and AIDS education, post-abortion healing

Parish Ministries

Dinners to Doorsteps

- Provide a home-cooked meal

Contact: Michelle Santiago
609-598-1787 or grandmarose73@yahoo.com

Stephen Ministry

- Confidential and nonjudgmental “one to one” Christian care for help during a time of trouble

Contact: stephenministry@stteresaofcalcuttanj.org

Health Ministry

- Help with medical referrals and health insurance questions
- Does NOT provide hands on health care

Contact: Brian Shannon bshannonrn@verizon.net