

Choosing a Confirmation Name

- ✓ In the bible, conversion to following God is often symbolized by a change in name: Abram becomes Abraham, Sarai becomes Sarah, Simon becomes Peter, and Saul becomes Paul. At baptism we receive a name to symbolize our new life in Christ.
- ✓ One of the traditional practices in the church at the time of confirmation is choosing a name that will remind you of this sacrament.
- ✓ You have a choice to keep your baptismal name (if the name derives from a saint or person in the bible). Keeping your baptismal name helps to signify that you are confirming the faith that was given to you at your Baptism.
- ✓ You may also choose to add a name, to signify your new and deeper awareness of what it means to be a disciple of Jesus.
- ✓ If the choice is made to add a new name, it must be a saint's name, preferably one whom you admire and desire to imitate.

Websites to research:

www.catholic.org/saints

www.catholic-forum.com/saints

www.lifeteen.com